

Covid-19 is spread by droplets.

We can spread the virus to each other and not even know it. By covering our mouth and nose, we can protect others.

Facial coverings can be:

fabric masks, bandannas, ski masks, or surgical masks and covers both the nose and mouth

Who needs to wear facial coverings?

Every staff member in the community must wear a facial covering during their shift when they are in a shared spaced.

What are we trying to stop?

Any small droplets sprayed from our mouth while speaking, coughing or sneezing.

Why should we Stop the Drop?

Because we care about our residents, our staff and our families. We may be sick and not even know it.

Now is the time. You MUST cover up.

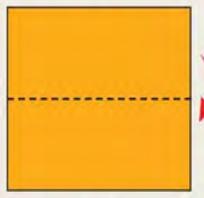


BANDANA MASK

(NO SEW METHOD)

WHAT YOU NEED

- Bandana
- Rubber bands or hair ties



FOLD TOP DOWN AND BOTTOM UP





PLACE RUBBER BANDS OR HAIR TIES ABOUT 6 INCHES APART



FOLD SIDES TO THE MIDDLE AND TUCK





OR

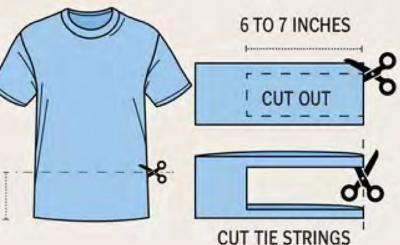
QUICK CUT T-SHIRT CLOTH MASK

(NO SEW METHOD)

WHAT YOU NEED

- T-shirt
- Scissors

7 TO 8 INCHES



TIE STRINGS AROUND NECK, THEN OVER TOP OF HEAD

